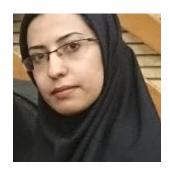
Najmeh Hejazi

Associate Professor, Clinical Nutrition department,

Shiraz University of medical sciences



Personal Background:

Nationality: Iranian

Sex: female

Marital Status: Married with Two Children

Address: Shiraz University of Medical Sciences, School of Nutrition & Food Sciences. P.O. Box: 71536-

75500, Shiraz, Iran

Tel: (0098) 711- 37251005

Email: nhejazi@sums.ac.ir; naimehhejazi@gmail.com

Education

2003-2007 Bachelor degree in Nutritional Sciences.

2007-2010 M.Sc. degree in Nutritional Sciences.

2010-2015 Ph.D in Nutritional Sciences.

Publications:

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Oral and poster presentations:

- BENEFICIAL HEALTH EFFECTS OF MENAQUINONE-7 ON BODY COMPOSITION, GLYCEMIC INDICES, LIPIDS PROFILES AND ENDOCRINE MARKERS IN PCOS PATIENTS (3nd International and 15th Iranian Nutrition Congress, 2018, Tehran, IRAN)
- Effects of obesity on inflammation and lipid profile of obese women (10th Iranian congress of Nutrition)
- SOCIOECOMOMIC STATUS, YOUTH'S EATING PATTERNS, AND MEALS CONSUMED AWAY FROM HOME. (10th Iranian congress of Nutrition)
- Anthropometric Measurements and its Relation to Hypertension in Cardiovascular
 Disease Patients (19th International Congress of Nutrition 2009, Thailand)
- Effect of ascorbic acid on postprandial oxidative stress and lipid profile in type 2 diabetic patients (*Annual International Conference for Academic Disciplines*, **2011**)
- Effect of ascorbic acid supplementation on fasting and postprandial oxidative stress and inflammatory markers in type 2 diabetic patients (9th International Congress of endocrinology, **2011**, IRAN)
- Effect of vitamin C and vitamin E on depression, stress and anxiety in type 2 diabetic patients. (1th International and 12th National Congress of Nutrition 2012, IRAN)
- Female obesity and infertility. International congress of maternal obesity. (1394, urmia, IRAN).

- The Beneficial Effects of Alpha-Lipoic Acid in Critically III Patients: A
 Prospective,Randomized, Placebo-Controlled Trial. (12th European Nutrition Conference
 (FENS),2015, Berlin, Germany)
- Nutritional Assessment in Critically III patients: a cohort study from Shiraz,IRAN. (12th European Nutrition Conference (FENS),2015, Berlin, Germany)
- COMPARING MALNUTRITION AND ANTHROPOMETRIC MEASUREMENTS AMONG ELDERLY PEOPLE WITH AND WITHOUT CARDIOVASCULAR DISEASE. (2nd International and 14th Iranian Nutrition Congress, 2016, Tehran, IRAN)
- PREVALENCE OF FOOD INSECURITY AMONG MULTIPLE SCLEROSIS PATIENTS AND ITS RELATION TO ANTHROPOMETRIC MEASUREMENTS. (2nd International and 14th Iranian Nutrition Congress,2016, Tehran, IRAN)
- EVALUATING THE KNOWLEDGE OF ICU NURSES ABOUT ENTERAL FEEDING IN CRITICALLY ILL PATIENTS. (2nd International and 14th Iranian Nutrition Congress, **2016**, Tehran, IRAN)
- The nutritional benefits of Pistachio atlantica.(1th international congress on biomedicine,2017,Tehran, IRAN)
- WILD PISTACHIO (PISTACIA ATLANTICA MUTICA) OIL IMPROVE METABOLIC SYNDROME FEATURES IN RATS WITH HIGH FRUCTOSE INGESTION (3nd International and 15th Iranian Nutrition Congress, 2018, Tehran, IRAN)
- NUTRITIONAL STATUS IN PATIENTS WITH GASTROINTESTINAL CANCER IN COMPARISON
 TO OTHER CANCERS IN SHIRAZ, SOUTHERN IRAN, A CASE CONTROL STUDY (3nd
 International and 15th Iranian Nutrition Congress, 2018, Tehran, IRAN)
- RANKING OF SHIRAZ TOP FITNESS CLUBS REGARDING NUTRITIONAL KNOWLEDGE, ATTITUDE, AND PERFORMANCE OF SPORT TRAINERS USING MULTI-CRITERIA DECISION MAKING APPROACH (3nd International and 15th Iranian Nutrition Congress,2018, Tehran, IRAN)
- Investigation the relationship between nutritional status, biochemical factors and the length of stay in intensive care unit with the survival rate, second international nutrition congress, 2023
- Comparing Virtual and In-person Nutrition Counseling: A Review, The 6th Shiraz International Congress on Mobile Health.2023

- The role of cyberspace in promoting nutritional knowledge in the Corona era. The 4th Shiraz International Congress on Mobile Health. 2021
- Nutrition in Inflammatory Bowel Disease:Espen, The 6th Shiraz International Congress on Mobile Health.2023